



Hindu pilgrimage tour in Nepal 8 days

Nepal is land of God and Goddess. The biggest and famous Hindu temple Pashupatinath and other famous Shakti Peethas are inside Nepal. Nepal is also one of the ancient country blessed of arts, architectures and different cultures peoples who are spiritually strong believer. Over 80% of peoples are Hindu. Many Hindu sacred book has describe Nepal is land of God and Goddess has posses' lots of Hindu Pilgrimage sites.

Discovery Mounatin Trek design perfect itinerary of Hindu Pilgrimage Tour in Nepal focusing on Hindu pilgrimage, we include visiting to major Hindu temples and worshiping in those temples. Pashupatinath, Bhaktapur, Jhal narayan temple, Manakamana temple, Muktinath, living Goddess Kumari and many others. Tour also is including visit to oldest cities of arts and architecture. Natural city Pokhara with panoramic mountains, Beautiful Lakes and greenery hills This program from Discovery Mounatin Trek starts from Kathmandu. Visit the historical cities Bhaktapur durbar squire, Pashpatinath temple dedicated to Lord Shiva. Guhyeswori and Jalanarayan. Drive to Manakamana temple a will fulfilling goddess visit with cable car ride. Peoples believed that Manakamana temple of goddess Bhagawati grant the wishes to all who worship in the temple.

Journey reaches at Muktinath temple by short and scenic flight with tiny aircraft from Pokhara airport. Muktinath temple is believed by both Hindu and Buddhist. Worshiping in the temple and taking bath at 108 taps believe to wash sins. Muktinath area is mountain terrain of scenic landscape. It provides Himalayan views of Mount Nilgiri, Dhaulagiri and Annapurna rages. Program also has designed two nights stay in Pokhara. Boating program at Fewa Lake, visit Barahi temple, Gupteswor Mahadev cave, David falls, Bindabasini temple with close view of Annapurna Himalayan range.

Janaki Temple It is the primary temple of maithali native indigenous to Nepal. Janaki temple is the hindu temple of janakpur in Mithila region of Nepal, dedicated to the hindu goddess Sita. It is a three stories structure made entirely of stone and marble. According to the legends King Janak ruled this area –call Videha, during the Ramayana period. His daughter janaki (Sita), during her swyambar, had chosen lord Rama as her husband, and become queen of Ayodhya. Their marriage ceremony had occurred in the nearby Temple.



Max-Altitude:	:	3720
Duration:	:	8 Days
Activity:	:	Culture Tour
Best Period:	:	FEV MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

Details Itinerary

DAY 1 : ARRIVAL IN KATHMANDUAND TRANSFER TO HOTEL

A quick welcome at the airport and transfer to your hotel. Your guide gives you a brief of the program, After you get some refreshment and rest in the hotel, Take an evening stroll around the Thamel and stay overnight at the hotel.

ACCOMMODATION: In Hotel

DAY 2 : DRIVE FROM KATHMANDU TO POKHARA VIA MANOKAMANA 6/7H DRIVE

After breakfast we start drive via Manokamana through scenic and windy road to Pokhara. And we stop on the way at Kurintar for cable ride to Manokamana temple doing the darsan and wishing fulfilling Godess. After darsan back the cable station then we and drive continue to Pokhara. **ACCOMMODATION: In Hotel**

DAY 3 : FLY FROM POKHARA TO JOMSOM AND DRIVE TO MUKTINATH BACK TO JOMSOM

Early in the morning drive to Pokhara airport for flight to Jomsom. It is 15 minutes flight which is one of the scenic flight over dense forest, hills and mountain. We reach at Jomsom airport which is different landscape and weather. After landing jomsom airport we take you to your Lodge, have some tea and get ready for jeep ride to Muktinath temple, Holy bath at 108 taps around the temple. Worship Muktinath temple and hiking around to visit other sites. Drive back again to Jomsom for overnight **Jomsom to Muktinath by jeep: 50 Minutes**

Pokhara to Jomsom flight: 15 minutes

DAY 4 : FLY FROM JOMSOM TO POKHARA 15 MINUTES FLIGHT

Early in the morning fly back to Pokhara. Sightseeing at major sites in Pokhara: Bindabasini temple, David falls, Gupteswor Mahadev. Boating tour at Fewa lake and visit Tal barahi temple and overnight at hotel.

Pokhara to Jomsom flight: 15 minutes ACCOMMODATION: In Hotel



DAY 5 : DRIVE FROM POKHARA TO JANAKPUR 11H DRIVE

After your breakfast you will proceed to janakpur via Chitwan national park and east west highway of Nepal. It is the primary temple of maithali native indigenous to Nepal. Janaki temple is the hindu temple of janakpur in Mithila region of Nepal, dedicated to the hindu goddess Sita. The temple is fully made in white and constructed in an area of 4860 sq feet in a mixed style of Islamic and Rajput domes. It is a three stories structure made entirely of stone and marble. According to the legends King Janak ruled this area –call Videha, during the Ramayana period. His daughter janaki (Sita), during her swyambar, had chosen lord Rama as her husband, and become queen of Ayodhya. Their marriage ceremony had occurred in the nearby Temple.

DAY 6 : FLIGHT FROM JANAKPUR TO KATHMANDU 40 MINUTES FLIGHT

Early in the morning visiting, at Janaki Temple, Danusa dham and later on you will fly from Janakpur to Kathmandu. You will transfer to your Hotel. In the evening you will for Sightseeing in Kathmandu at Pashupatinath and mata Guheswori temple

DAY 7 : KATHMANDU: SIGHTSEEING

Early in the morning drive to Bhaktapur durbar squire and Dolewshor old Shiva Temple and drive back to Hotel. Later if you have more time can be take for Jalnarayan Temple (Budanilkant). In the evening, you are invited to join us for a farewell dinner.

DAY 8 : DEPARTURE TO YOUR DESTINATION

Today your trip come to the end. And according to your schedule, we will take you to the airport for your flight ahead.



INCLUDED IN THE COST

- •1 Night Guest house in Jomsom Breakfast, Lunch Dinner and Tea Coffee with attach bathroom.
- Domestic airfare for guide from Pokhara- Jomsom Pokhara and janakpur to Kathmandu
- •Transport by private vehicle from Kathmandu, Pokhara, Pokhara, Janakpur to Kathmandu
- Domestic airfare from Pokhara- Jomsom Pokhara and janakpur to Kathmandu
- •Discovery Mountain's down jacket (to be returned after your trip completion)
- •Guide including his salary, insurance, equipment, food and accommodation
- •1 Night 2/3 star hotel in Janakpur with Breakfast, Lunch Dinner and Tea Coffee
- •An experienced, English-speaking and government-licensed holder guide
- •3 Night 3 -star hotel accommodation in Kathmandu with breakfast
- Night 3 -star hotel accommodation in Pokhara with breakfast
- •Discovery Mountain's duffel bag and t-shirt are yours to take
- •All necessary paperwork and trekking permits (ACAP and TIMS)
- •All entry fee for Kathmandu, Pokhara and Janakpur Sightseeing
- Manokamana cable car tiket for your guide and guest
- •Transport Jeep from Jomsom Muktinath Jomsom
- Airport pickups and drops in a private Car
- •Welcome and farewell dinners in Kathmandu
- •Transportation for Pokhara Sightseeing
- •Transportation for all Kathmandu Sightseeing
- •All government and local taxes

NOT INCLUDED IN THE COST

- Nepalese visa fee
- International flights
- Travel and rescue insurance
- Tips for guide and driver
- •Lunch and evening meals in the trip
- •Extra night accommodation in Kathmandu either Pokhara
- •Personal expenses laundry, bar bills, coke, fanta, mineral water and sprite

ACCOMMODATIONS

We will be staying at Hotel Manaslu in Kathmandu and lake view resort in Pokhara or similar 3 star hotel. Starand guest houses in Jomsom. All accommodations are on twin-shared basis. Single supplement will be served on request and will cost an additional. Also note that single rooms are readily available in Kathmandu and Pokhara the trekking regions at lower elevation but it might be difficult.



MEALS

All meals Kathmandu and pokhara will be yours own while only bed and breakfast will be available in Kathmandu and Pokhara. But in Jomsom and Janakpur all meals Lunch, Dinner and breakfast will be include the price. There will also be welcome and farewell dinners for you in Kathmandu. While on trek, we have breakfast and dinner in the tea-houses/ lodges we spend the night. Nepalese, Tibetan, the more common continental and Indian cuisines are common choices in the menu.

BEST TIME TO TRAVEL

The best time to travel this trip is in spring (February to May) and autumn (September to November). The temperature is moderate in these seasons and guarantees amazing views through the trip. Although this trek can be undertaken during winter, the cold temperature might not be suitable for everyone.

GUIDE & STAFF ARRANGEMENT

The most significant thing that makes this trek enjoyable and memorable is the skilled, experienced and helpful Guide and crew member who have the ability of guiding our trek on the mountain smoothly. Our trip will be led by the best and most professional Guide. All of Discovery Mountain Trekking Guide are carefully selected on the basis of their appropriate experience, skills and personal aptitude. With an objective of sustaining local communities, Discovery Mountain only employs local Staff, who have knowledge about culture, ecosystem, flora, fauna, geography, and history of their local region.

ENVIRONMENTAL CONCERNS

The Annapurna Region is stunningly beautiful, but equally fragile. Future generations have just as much of a right to appreciate it as much as we do. Therefore, we believe that the tourism industry has an obligation to protect and preserve it. Discovery Mountain employs a 'zero impact' policy on the natural environment and the traditional communities that live there. Discovery Mountain, therefore, enforces a number of do's and don'ts. Please talk to your trek leader to avoid environmental impacts.

TRAVEL INSURANCE

It is a condition upon joining any of Discovery Mountain's trips that all clients be insured for comprehensive expenses that might incur due to medical issues or accidents (this includes air ambulance, helicopter rescue, and treatment costs). Please note that we don't arrange or sell insurance.

EQUIPMENTS LIST

This list is a guideline to help you pack for your adventure. Also understand that the items listed below will vary a little according to the season and the trek duration. Those items marked by an asterisk (*) are provided by Discovery Mountain Trek inclusive in the service. The weight limit for your luggage is 15 kg.



FROM HEAD TO TOE

- •A cap or sunhat
- •1-pair of thermals
- •long-sleeved thermal tops and full-length long johns
- A light fleece or equivalent (plus extra warm layers if necessary)
- Discovery Mountain Trek's down Jacket (*)
- Discovery Mountain Trek's half T-shirt (*)
- •Suitable shorts
- •A pair of normal walking sport shoes
- •A pair of sandals

PRACTICAL ITEMS

- 1 digital camera with extra cards and batteries
- 1 medium-sized quick drying towel
- •Head light
- Female hygiene products
- Wet wipes (baby wipes)
- Tissue /toilet roll
- Anti-bacterial hand wash

MEDICAL

- Small personal first-aid kit simple and light
- Aspirin, first-aid tape, and plasters (Band-Aids)
- 1 skin-blister repair kit
- Anti-diarrhea pills
- Anti-headache pills
- Cough and/or cold medicine
- Stomach antibiotic: Ciprofloxacin, etc. Do not bring sleeping pills as they are a respiratory depressant.
- Water purification tablets or water filter

TERMS AND CONDITIONS

Discovery Mountain Trek & Expeditions Company is a trustworthy and registered Company under the laws of Nepal Tourism Industry and accepts your bookings under the following terms and conditions.

Booking Terms

Booking your trip with Discovery Mountain Trek accept with terms and conditions of sale. Every trekker is required to complete the form of registrations. At the time of registration, Trekker's are expected to pay a deposit 25% of total cost to complete your booking. Please note the trip cost is required to make in advance as per the company policy, this deposit help us to make confirm reservation of Hotels in City,



domestic flights and all other trip arrangements for final trip booking. Along with deposit we need detailed name lists of participants, same as passport, Gender, Nationality, Date of birth, passport number, passport issue/ Expiry dates & profession. You need to send us passport copy, photo identity and e-ticket by e-mail for all trips in Nepal.

Cancellation Policy

If any reason you have to cancel your trip, we Discovery Mountain Trek require written confirmation of your decision. The amount you have paid to us will be refunded according to the following terms:

- Cancellation more than 35 days before your departure date: \$60 will charged
- Cancellation more than 35 to 19 days before your departure date: your deposit, 25% will charged
- Cancellation more than 18 to 10 days before your departure date: 50% will charged
- Cancellation more than9 to 05 days before your departure date: 75% will charged
- Cancellation less than 4 days before your departure date: 100% of the total will charged

I reserve the right to revise pricing rates declared under any circumstances, or on the pressure of various external factors that are further than our control, for instance changes in exchange rate, government action etc. But, I declared forth effort to keep on the present rate. In case of minor increase in flights fares, hotels or other related factors, we don't revise the cost of the trip which was already confirmed & booked by deposit.

RISK & RESPONSIBILITY

Your safety and enjoyment is my prime concern. I therefore carry out my responsibility honestly & sincerely to ensure your holiday trouble – free as well as you have desired. Nevertheless, unless stated otherwise, trip may be change under uncertain and inherent circumstances such as land-slides, road blockage, flood, snow political unrest, cancellation of flight, delay arrival, sickness or accidents etc. Any extra cost incurring there is your personal responsibility and should be borne on the spot.

IMPORTANT NOTE

Your safety is of paramount concern while traveling with Discovery Mountain Trek. Please note that your guide has the authority to amend or cancel any part of the itinerary if it is deemed necessary due to safety concerns. The guide will try to ensure that the trip runs according to plan, but please be prepared to be flexible if required. Bad weather in mountain regions can cause domestic flight delays, particularly in the Everest, Lukla, Jomsom, phaplu, Kanchenjunga and any other remote mountain regions in Nepal.